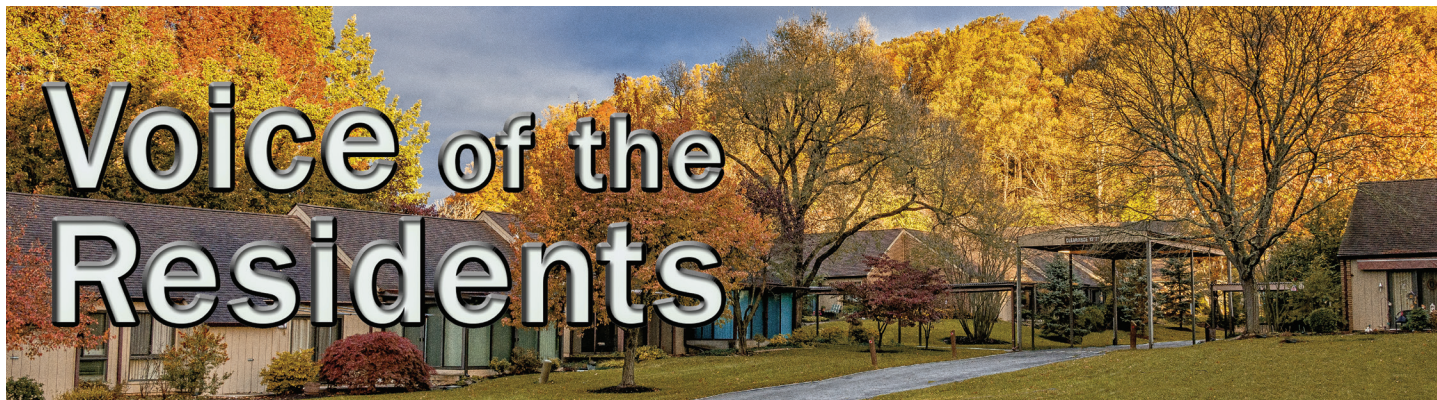




Broadmead, Cockeysville, MD | Volume 40 | No. 3 November 2018

Master Plan Construction Sequencing Revealed

By Sidney M. Levy, photos by Bob Heaton

On September 27, Broadmead CEO John Howl told a large audience that within one month Master Plan construction would begin, lasting for 26 months, with a projected completion date of January 2021. He provided the following milestones in the Master Plan implementation:

- The architectural drawings have been completed.
- Broadmead has a signed GMP (Guaranteed Maximum Price) agreement with the general contractor, covering all costs and the fee, but with a guaranteed ceiling.
- 10% deposits are in hand for 92% of the Hillside Homes (48 of 52).
- Bonds have been issued and have been rated BBB+ by Fitch Rating. (*Editor's note:* Bonds were offered in early October and were fully subscribed within two hours.)
- Final development approval has been received from Baltimore County.
- Groundbreaking is scheduled for 2:00 p.m., Friday, October 26.

Joyce Malone, Senior Director of Facilities, announced that she has taken steps to ensure that there will be adequate communication to residents from Broadmead's administration during the construction process. There will be monthly town hall meetings to report on construction progress and explain plans for the subsequent 30 days. These sessions will be supplemented by a monthly newsletter, the Broadmead Building Brief. On a weekly basis, there will be a table outside the Arbor Café for one-on-one question and answer sessions dubbed "Café Conversations."

Joyce also said that events would be followed by Broadmead Connection (Caremerge) and that ongoing questions would be covered by a new website, construction@broadmead.org.



Left: George Pattee explains the details of one of the many diagram slides. **Right:** Joyce Malone details communication plans.

In-house TV Channel 971 will follow events, and possibly there will be live webcams showing actual work in progress.

Capital Planning Director George Pattee then displayed an extensive series of slides covering all 26 months of work. He discussed in great detail what would happen and when. Parking and traffic patterns, of great concern to residents, received a lot of attention. The new entrance, with its Maryland T traffic light feature, is expected to open seven months after construction begins in late 2018.

Holly Terrace expansion and renovation is scheduled for completion in December 2019, before the Hillside Homes are ready for occupancy in early 2020. The final project completions in January 2021 will be Hallowell Hall West and the Health Care Administration Office Suite.

Many questions from the audience were fielded by all of the presenters, after which residents clustered around large diagrams set up in the hallway.

Banner: The photo by Erroll Hay shows the fire road between Clusters C and E.

Broadmead Granted License by Baltimore County to Sell Alcoholic Beverages

By Bob Fetter, photo by Erroll Hay

On October 15, the Baltimore County Board of Liquor License Commissioners granted a Class C license to John Howl and Robin Somers, the named applicants, to sell beer, wine, and liquor in Holly House, Holly Terrace, and the Magnolia Room. When the Bistro has been completed, it will need to be added to the license.

The Class C status assigns a liquor license number, a requirement for applying for a Wine Corkage Authority, under which residents would still have some flexibility about bringing their own beverages into dining venues for consumption during meal hours.

Further information on this subject will be forthcoming at the November Fireside Chat.

Broadmead Inc.'s application hearing notice was posted in early October close to the lower level entrance to the Broadmead Center (see photo). During the October 8 Fireside Chat, residents heard, during the question and answer portion, something about the license application, which Robin Somers says has been under discussion with various campus entities for years. With guidance from an outside attorney who has considerable experience in the field, Broadmead submitted the application for a Class C license, rather than a Class A or Class B license.

Broadmead, Inc. Trustee policies, first adopted in 2008 and modified slightly since, allowed for:

- 1) residents to bring beer and wine into various dining venues, and
- 2) Broadmead's sale of alcoholic beverages... after securing proper licenses.

Those policies provided the basis for this application, with the opening of the new Bistro dining area providing some added impetus.

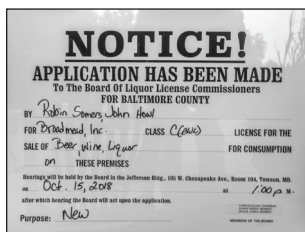
Operating under a Class C license can be very demanding and complicated. A myriad of rules must be observed to avoid fines, suspensions, or revocations. For instance, a designated manager must be present in the serving venue during all hours in which alcohol may be consumed.

Robin Somers states that five people are currently designated for that role, two of whom, Melinda Purkey and Brenda Copenhaver, have already been trained in Techniques for Alcohol Management. All five will have to be certified in Training for Intervention Procedures.

Then there are procurement and storage issues. Robin says Director of Food Service Bernard Queen will be responsible for inventory control. She says, "A storage location has been identified within the existing space, inspected, and approved by the Liquor Board-appointed health inspector and plumbing inspector. Once the new Bistro space is created, we will have that storage location inspected."

Regarding policy decisions, Robin says, "As we prepare to introduce the new offering of purchased wine and beer at dinner, we will communicate this new offering to our residents. Requests for consultation to discuss Broadmead's liquor license will be welcomed, either by individuals or clusters."

Robin goes on to say that no decisions have been reached as to the varieties of beer, wine, or spirits, or number of brands of each beverage. These variables will be determined by the end of the calendar year.



November Exhibits

EAST HALL

Residents' favorite works of art created by someone else.

DISPLAY CASE

Animals in the Winter Holidays
Contributors welcome!

ATRIUM

Stories in Popular Arts:
Barrett and Jones Collections

LOWER LEVEL GALLERY

Smart Pics 2018

OPD Misconceptions Addressed

By Bob Heaton

Health Services Administrator Ann Patterson is frustrated by frequently having to dispel misinformation regarding OPD matters when so much accurate information has been distributed to the community in her letters placed in mailboxes, in Voice articles, and on notices posted in the OPD itself.

Something Ann hears frequently is “OPD does not offer same-day appointments anymore; I was sick and couldn’t see my provider.” Ann says that in such cases, the reason is frequently that the provider is not on duty at the time. Ann says the OPD offers “sick” appointments daily, but the patient needs to be flexible regarding the time and the clinician.

A resident recently complained to friends and neighbors that she could not see her primary care provider for at least two weeks. Ann’s investigation showed that the resident wanted to be seen at a specific time on a specific weekday. She declined to see her primary at any of the many other times that clinician was open during those two weeks, or any of the several clinicians who were available during her preferred time.

Ann says residents with problems should bring them to her to investigate. She also asks that when they hear a complaint from someone, they immediately suggest going to Ann before the alleged shortcoming is seen by some as a common occurrence.

Important Medicare Card Information

Residents are reminded that as soon as they receive their new Medicare cards, the cards should be taken to OPD for registration. ALSO, they need to be presented to Shelley Hubbert in Accounting to ensure accurate billing. Clint Kong at the front desk can laminate cards for durability. He collects and holds them until he has enough to process a batch efficiently.

Schedule Change Improves Weekend Nursing Service

By Susie Fetter

Satisfaction with the nursing care on Hallowell and Taylor tends to be higher during the week than on weekends. A new system of nursing staffing will be introduced in November, and fully implemented in January, to address this situation. Nurses will rotate between week and weekend shifts. The goal is to have the same six people supporting each person. There will be no temporary employees on the weekend. This new protocol will result in better continuity and higher standards of care.

Residents may be in Hallowell for a short period of time, long-term care, or dementia care. Nurses can choose the group they wish to serve and will then receive appropriate specialized training.

Hallowell and Taylor

Saturday, November 10 • 6:00 p.m.

Tribute to the Troops and Blessings of Thanksgiving

Harp Music with Laura
Hallowell West

Monday, November 12 • 3:00 p.m.

Taylor Book Club: “Carnegie’s Maid”

Taylor Great Room

Friday, November 16 • 10:30 a.m.

Magical Experiences Art Company

Hallowell Activity Room

Wednesday, November 21 • 3:00 p.m.

Monthly Birthday Party with Music by Rearview Mirror

Hallowell Garden Dining Room

Monday, November 26 • 10:30 a.m.

Poetry with Gwen Marable

Taylor Great Room

Details available from the Lifestyle Dept.

TJ Krug Shares His Background At September Exchange

Text and photo by Bob Heaton

TJ Krug originally aspired to be a doctor or a lawyer, but as his education progressed, he found social work to be a comfortable blend of the two callings. He sees his role as helping people to be in the best possible living environment while at the same time guarding their legal rights and maintaining family relationships.

TJ said he was troubled by the homogeneous nature of the student population where he went to high school. Differences were ridiculed, prompting TJ to seek ways to make diverse people more accepted.



He found a much more amenable atmosphere at Towson University, where he majored in political science and pre-law.

While at Towson, TJ spent a semester in the Low Countries, where social workers are highly regarded. He also worked at Copper Ridge

in Sykesville, where he found geriatric work to be rewarding. Consequently, he enrolled at the University of Maryland School of Social Work in Baltimore where he studied clinical social work for older adults, earning a master's degree.

TJ's career has always pointed him toward Broadmead. He met Stacey Young at Copper Ridge and Robin Somers at Fairhaven, both of whom he is glad to be working with again. In Skilled Care, he is active in admissions, therapy, and transfers. He strives for team building, and supports the Employer of Choice quest, as well as seeking to secure clinical rotation slots at Broadmead for local college students. He tries to look at a client's whole situation, not just the immediate diagnosis.

TJ says Skilled Care has more rules and regulations than a nuclear site, but he enjoys grappling with them.

Austin Pharmacist Delivers Opening Health Care Lecture

Text by Bob Heaton, photo by Ann Heaton

At the first Health Care Lecture of the season, Michelle Shapiro, PharmD, of Austin Pharmacy told residents that they should be more proactive regarding their medications.

Specific ways to do this include:

- Keep an up-to-date list of everything taken—prescriptions, vitamins, over-the-counter products and supplements—and be sure all providers have it.
- Insist that prescribers state on the label what the drug is treating, as some have multiple purposes.
- Ask questions so as to be part of the decision. State problems such as: arthritis, limiting digital ability; trouble swallowing, indicating liquids might be better; trouble remembering to take meds, indicating longer acting doses.

Shapiro noted that she targeted the “mature (over 65) population” because that age group has a wider variety of medicated ailments, making side effects, drug interactions, or conflicts more likely.

For adverse drug interactions, Shapiro said that alcohol and antacids frequently cause problems. She referred to an industry document, The Beers List, which specifies drugs that need to be closely monitored in geriatric use.

She also discussed over-the-counter products, including a list of useful products and some potentially harmful ones.

As for natural remedies, Shapiro said that “natural” does not mean neutral, noting that poison ivy and deadly nightshade are natural—everything has an effect.

The lecture was accompanied by a slide presentation that was helpful in explaining Shapiro's points. Residents who want a PDF file of these slides should email Bob Heaton at rbheaton@aol.com.



Employees Honored for Years of Service to Residents

Text and photo by Bob Heaton

On September 27, a ceremony was held at noon in the Magnolia Room to recognize 13 Broadmead employees who have served for multiples of five years. Welcoming remarks were made by Vice President of Human Resources



Kate Quesenberry, followed by a blessing offered by Director of Food Service Bernard Queen.

CEO John Howl and COO Robin Somers expressed appreciation before Rob White, Board Chair, Ann Heaton, BRA President, and six senior

staff commended the honorees and handed out awards.

Following the awards, CFO John Palkovitz ended the ceremony with closing remarks.

Five Years of Service:

George Chick, Campus Safety
Crystal English, Geriatric Nursing Assistant
Linnette Kanitz, Grounds Manager
John E. Howl, CEO
Antoinette Moulden, Arbor Café Server
Antoine Rogers, Hot Foods Cook**
Eshawna Tyson, Healthcare Server

Ten Years of Service:

Brandon Harris-Stone, Healthcare Server
Leonard House, Low Voltage Mechanic
Jaquetta Williams, Lic. Practical Nurse**

15 Years of Service:

Rosetta Anderson, Registered Nurse**

25 Years of Service:

Leroy Richardson, Sous Chef (see photo)

30 Years of Service:

Kevin L. McCabe, Campus Safety**

** Not present for ceremony

Acupuncture Comes to Broadmead

Text and photo by Jackie Mintz

Acupuncture therapy is now available to Broadmead residents, administered by acupuncturist Kristy Hanley.

Kristy, a native of Baltimore/Timonium, traces her interest in acupuncture directly to a familial experience over two decades ago. Her mother, beset by severe symptoms from cancer therapy that were keeping her housebound, went to an acupuncturist



in Lutherville. After two sessions, she experienced a remarkable 50% decline in her symptoms.

Initially skeptical, Kristy became convinced of the therapy's value. She registered in the acupuncture program at the Atlantic Institute of Oriental Medicine

in Fort Lauderdale. She earned a master's degree in Oriental Medicine with a focus on Traditional Chinese Medicine.

Moving back to Baltimore in 2007, Kristy opened an acupuncture clinic, RHA, in Hunt Valley.

At Broadmead, in addition to private sessions, Kristy offers Open Room acupuncture, a style of treatment that she learned at Community Acupuncture of Towson. This form of treatment, originated in Oregon and motivated in part by a social justice movement, makes acupuncture accessible to people who do not have the means for private sessions. Provided in rooms with multiple lounge chairs, Open Room treatments focus on "distal" points on the arms, hands, legs, and feet, to treat types of pain including shoulder, back, and neck pain.

In private sessions, Kristy also offers other treatment modalities such as cupping, electric stimulation, and gua sha (a scraping technique).

Kristy treats residents on Wednesdays from 9:00 to 2:00 in Stony Run 208. After Master Plan construction begins, she will be found elsewhere, possibly with expanded hours.

Cabaret Music and Dancing

Monday, November 12
7 - 8:15 p.m. • Lounge
Everyone Welcome

BROADMEAD WELCOMES:

BART HOUSEMAN • R-12 • August 2018
443-578-8263 • houseman@goucher.edu

Bart Houseman wanted to be a teacher from a young age. He also enjoyed chemistry, both in high school at Eastern Academy in Prospect Park, NJ and at Calvin College in Grand Rapids, MI. In graduate school at Wayne State University (Detroit), he became so intrigued with chemistry as a science that he decided to pursue a PhD degree in physical chemistry. He then became a college professor who spent the bulk of his career (1961-2011) at Goucher College in Towson. This position allowed him to spend summers participating in various



research projects underway at other institutions in the area, such as the Johns Hopkins Applied Physics Laboratory or the US Army's Edgewood Arsenal. These projects eventually led to regular summer work at the National Laboratory in Los Alamos, NM. By then Bart was married to his high school sweetheart and had two children, and the whole family enjoyed the great West with its wide open spaces and its big sky.

Bart and Dori also became deeply involved in work for foundations that had developed ways to improve the lives of poor people in many developing areas by providing them with small-scale but technically advanced aid. In this connection the Housemans traveled to India, China, South Africa, and other developing countries to check on the success of these undertakings. As a bonus, they appreciated the educational aspect of such travel.

By Elborg Forster, photo by Erroll Hay

Let's Sing

Monday, November 19 • 7 p.m. Lounge

Monday, December 17 • 7 p.m. Lounge

DORI HOUSEMAN • R-12 • August 2018
443-578-8263 • houseman@goucher.edu

The life stories of Dori and Bart Houseman are so intertwined that it is almost pointless to write them up separately.

Dori (and Bart) grew up in small towns in Bergen County, New Jersey. Their families were affiliated with the same Protestant denomination, which had an excellent school system. That is how Dori and Bart met at Eastern Academy in Prospect Park, and became high school sweethearts.

It seemed only logical for them to attend the same college—Calvin College in Grand Rapids, Michigan—where they found out that other relationships just did not work out. They married shortly after graduation, when Bart started graduate school in a chemistry program at Wayne State University in Detroit.

Dori, having taken many courses in biology and other sciences, now received training as a medical technologist and soon found work in medical labs, where blood samples had to be analyzed.

The couple had two children, Mark, who now lives in Washington State, and Jeanne in Michigan. When the children were growing up, the family spent several summers in Los Alamos in connection with Bart's work. The West enchanted everyone. These western adventures also brought them to various national parks, which turned them into outdoor enthusiasts.

When their children were grown up, Dori and Bart became more and more involved with the work of their church, Central Presbyterian, and a foundation designed to combat poverty in Third World areas. Traveling to impoverished places in India, China, and South Africa, they introduced small-scale but technically advanced methods that help poor people improve their lot.

The Housemans now have three grandsons.

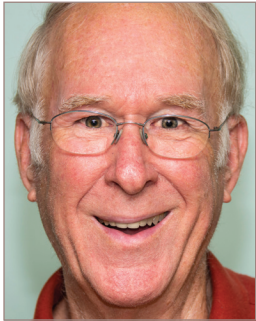
By Elborg Forster, photo by Erroll Hay



GEORGE FRENCH (BUD) NIXON

R-12 • August 2018 • 443-578-8263

The Port of Baltimore is an integral part of Bud Nixon's life. Since 1921 his family has owned the Rukert Terminal, which is now on 130 acres of waterfront in the Baltimore Harbor. It receives, warehouses, and ships primary goods such as fertilizer, salt for icy roads, and large shipments of a variety of



goods. The company employs 200 workers. Bud has been President of the company and retired in 2004. His son, Andy George Nixon, is now Vice President.

Bud has agreed to speak at Broadmead on subjects related to the harbor such as dredging the Bay for bigger ships or the work of Bay pilots.

Bud grew up in Stoneleigh, attended Towson High School, and graduated from the University of Baltimore. He served in the United States Air Force. He is married to Pam Swiss Nixon. Besides their son, they have four grandchildren. The family lived in Lutherville for over 35 years.

Among his many interests, Bud has owned and rehabbed two houses, numbers 200 and 214, on Morris Avenue in Historic Lutherville. He is an avid student of history, both of his family and of the Civil War. He constructs and collects miniature cars and airplanes. Bud has collections of books, baseball caps, and so many other items that storage is a problem.

By Mary Ellen Saterlie, photo by Erroll Hay

PAMELA SWISS NIXON

R-12 • August 2018 • 443-578-8263

Pam Nixon grew up in the Wiltondale area of Baltimore County and attended Stoneleigh Elementary School. For junior high, she attended Friends School of Baltimore, and for high school, Penn Hall Boarding School in Chambersburg, PA. At Centenary University in Hackettstown, NJ, she earned a degree as a medical secretary, leading to a position, for three years, at Sheppard Pratt Hospital.

Pam met a young man from nearby Stoneleigh, and she and Bud Nixon were married in 1970. They lived in nearby Idlewild and had a son, Andrew George Nixon. Pam became active in the Community Association.

When the Nixon family moved to Morris Avenue in Old Lutherville, Pam became



actively involved in the Lutherville Garden Club as well as with the Church of the Holy Comforter. The Nixons have four grandchildren, one just born. They have taken up a good deal of Pam's time and have been a great pleasure for her and Bud.

Pam has many interests, and one of her "loves" is eating crabs. She is an expert at extracting every morsel and can do the same with lobsters.

She is also a collector of holiday memorabilia. Residents can see a delightful array of her collections both inside and outside her apartment throughout the year.

By Mary Ellen Saterlie, photo by Erroll Hay

Men's Saturday Social

9:30 a.m. • Auditorium

November 3: Jerry Winkelstein

"Pediatrician to the Eskimos:
730 Days in the Alaskan Bush"

December 1: Howard Toy

"My Days at the Smithsonian"

BROADMEAD PLAYREADERS**"Another Way Out"**

By Lawrence Langner

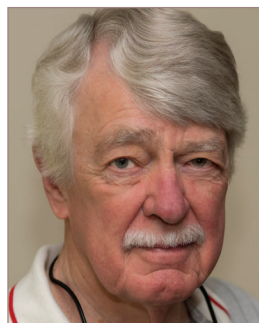
Wednesday, November 7
7:00 p.m. • Auditorium

BROADMEAD WELCOMES:

STAN WILSON • B-6 • August 2018
443-659-5983 • wstanleywilson@gmail.com

Stan Wilson, the newest addition to B cluster, comes to Broadmead after a long career in oceanography. After an early start as a marine biologist, including a year in Antarctica, Stan moved into physical oceanography.

Armed with a doctorate from Johns Hopkins



University, he embarked on a four-decade-long career managing oceanographic research, first at the Office of Naval Research, then NASA, and finally the National Oceanic and Atmospheric Administration (NOAA). He retired as Chief Scientist of NOAA's Satellite

Service.

Of his many accomplishments, Stan's favorite is his role in initiating NASA's Oceanography from Space Program, which observes weather and climate patterns in the oceans. One of the results of this program was determining that global sea level, on average, is rising at a little more than one inch every decade.

He also helped organize the international Argo program, a consortium of 20 nations that is deploying almost 4,000 robotic floats to observe the increase in temperature of the oceans. These results, coupled with satellite observations of the melting ice sheets, have demonstrated that one-third of the rise in global sea level is due to thermal expansion of the warming oceans, while two-thirds is due to the addition of melt water from the ice sheets.

Stan moved to Broadmead from Baltimore's Homeland neighborhood, where he and his wife, Anne, shared a large five-bedroom house for 39 years. Anne passed away shortly before their anticipated move to Broadmead. Stan has a daughter, Lauren, in California.

Stan's interests include bicycling, travel, and genealogy.

By Jackie Mintz, photo by Erroll Hay

Fireside Chat

Monday, November 12
10:30 a.m. Auditorium/Lounge

Ideas Needed for Items in New Time Capsule

By Elsa Collins

Recently, Broadmead residents were asked to suggest items for a time capsule to be included in Master Plan construction. Among the replies, residents of Taylor and Hallowell were especially enthusiastic. Popular items on the list that Mary Frances Wagley compiled include The Voice, a Yellow Sheet, menus, photographs, a door key, name badges, a pendant, pressed flowers, bird feathers, the quilt, and Broadmead's Holly logo.

John Howl was surprised by the revelation that a time capsule already exists. That capsule, a sealed paint can, was stored away in Hallowell during Broadmead's 20th year celebration with the intention of being opened in 2019.

John invited a group of residents to further explore the time capsule idea. Questions arose including the location of the new one, the best time to inter it, the size, a future opening date, and the nature of the contents. The revelation of a previous capsule presented a new possibility: installing the new capsule to coincide with the opening of the previous one at Broadmead's 40th Anniversary celebration in October 2019. The proposed location of the new capsule is to be at the entrance to the lower level, next to the new elevator, with a plaque identifying its location.

In the meantime, John will ask his assistant, Carabeth Foster, to research suitable types of containers. Residents interested in the project should contact Mary Frances with ideas or to volunteer to serve on the committee.

Open Forum

Peace Corps Today

Jody Olsen, Peace Corps
Director since March 2018

3 p.m. • Auditorium
Tuesday, November 20

Cooperative Effort by All Produces Another Great Barn Sale



The Barn Sale was a big success. Net proceeds: \$18,261, plus \$500 from Barn Sale items in the Old and New Shop. Honey sweetened the pot with \$848, and baked goods brought in \$710.

Photo montage by Erroll Hay

Holiday Decorations Set-up Volunteers, please mark your calendars

Holly House

Monday, December 3 • 9 a.m. - noon

Broadmead Center (except Stony Run)

Tuesday, December 4 • 9 a.m. - noon

Dismantle all locations on

Wednesday, January 2 • 9 a.m. - noon

BRA Trips Committee Baltimore Museum of Art

"John Waters: Indecent Exposure"

Thursday, November 15

Bus leaves Broadmead at 9:00 a.m.

Return by 12:45 p.m.

Cost: \$22, less if a BMA member.

Sign-up sheet behind reception desk.

Discussions of Quaker Beliefs and Practices

*Follow-up on questions asked at
the September panel presentation.*

Thursdays, November 1, 15, and 29
4:00 p.m. • Fireplace Room

First Monday Book Group *The Chilbury Ladies' Choir*

By Jennifer Ryan

Moderator: Rev. Dr. George G. Toole

Monday, November 5

10:30 - 11:30 a.m. • Auditorium

Residents Learn About the Past and Present of Native Americans in Maryland

By Bob Fetter, photo by Amy Redmon-Norwood

The Multicultural Committee arranged a bus trip to the Baltimore American Indian Center Heritage Museum [BAIC] on South Broadway in the city on September 20.



Residents were hosted by three docents. In a presentation termed “Indian 101,” they shared numerous facts and history, after offering a greeting “Osiyo” [Hello, Welcome].

Maryland’s population included more than 58,000 respondents in the 2010 Census who identified as Native American or Indian, many identifying with the Piscataway (a Maryland-recognized tribe), who live mostly in Southern Maryland. Maryland has no reservation.

Since the 1940s, in the Baltimore area, numerous Lumbee Indians have moved from their North Carolina home territory, an area hard hit by the recent flooding brought by Tropical Storm Florence.

Looking ahead, BAIC is among the sponsors for a Pow Wow at Timonium Fairgrounds on Saturday, November 17.

Multicultural Committee

Local Lives, Global Ties

Phil Taiitsu Nash

Professor, University of Maryland and
nephew of Teru Mottley

Friday, November 9 • 3:00-4:30
Auditorium

History of Benjamin Banneker, “First Black Man of Science”

By Gwen Marable, photo by Robin Tate

In the Auditorium on October 10, the Multicultural Committee presented Willa Banks, the Director of Educational and Curatorial Affairs at the Benjamin Banneker Historical Park and Museum, as part of the preparation for a bus trip to the site.

Benjamin Banneker was a tobacco farmer, born a free black man in 1731. Banks, a historian and writer, presented a time line that traced his life leading to his math and science accomplishments before his death in 1806. First known as the carver of a striking clock, he



was chosen to work on the boundaries of Washington, DC, published six almanacs, and corresponded with Thomas Jefferson. Mostly self-taught, he lived in a log home in what is now Oella, Maryland. The museum and reconstructed cabin were built by Baltimore County.

On October 16, 12 residents made the trip to Oella, located between Catonsville and Ellicott City, to tour the site of the Banneker homestead. The bus was full with a wait list.

At the rear of the vast property is a reconstructed log home, similar to the one Benjamin Banneker might have occupied during the late 1700s (see photo).

Residents gathered in the cabin’s only room (14 by 16 feet), which served as the bedroom, living room, kitchen, and bath. Willa Banks, who had lectured earlier at Broadmead, explained the uses of items in the cabin and lifted a door in the floor to expose the root cellar. Inside the museum, the main exhibit features pottery, glass, and metal objects found in archeological digs on the property, as well as the table loaned to Banneker by the Ellicotts, and a clock similar to one that he carved.

The visitors also enjoyed a special exhibit, which will run until December 29, called Stories in Textiles and Paper.

Call and Response Storytelling Method Presented to Residents

By Gwen Marable, photo by Laura Wordlaw



Gwen Marable talks with Brother Bernard about his story as Mama Linda looks on.

One resident described the event as “brain aerobics” as many others enjoyed watching a presentation of the “call and response” African storytelling technique. With Mama Linda instructing, residents became part of the performance. She introduced songs she heard and learned as a child in Tennessee, inviting all to participate.

Brother Bernard encouraged the audience to help tell a story about visiting relatives in Alabama. Dr. David offered stirring drumming and work songs from Maryland’s Eastern Shore.

All the presenters, as well as host Gwen Marable, are members of Griots’ Circle of Maryland and the National Association of Black Storytellers. The event was held on October 14.

Metropolitan Opera Bus Trips to Charles Theater

Buses leave Lower Level at noon
Bus charge: \$15

Marnie – Nico Muhly
Saturday, November 10

Buy opera tickets at box office.
Sign-up sheet on the bulletin board
behind the reception desk.

Panel Discusses Quakerism As Broadmead Background

By Bob Fetter Photo by Bob Heaton

In late September, an audience that overflowed a special chair arrangement in the Auditorium, heard five Quaker residents discuss their faith, and the principles under which Broadmead was founded and continues to operate. The last such discussion was held five years ago.

Susie Fetter reviewed Quaker history, noting that Broadmead is named for a meetinghouse in Bristol, England, where Quakerism founder George Fox married Margaret Fell in the late 1600s. Susie moved ahead to 1947, when Quakers received the Nobel Peace Prize for relief work following two World Wars.

Bob Fetter enumerated Quaker values and practices, emphasizing that the equality of women has always been a tenet, with women holding major roles in the movement. He told of Quakers’ use of queries as litmus tests of how one’s life is being led.



Susie Fetter, Ann Heaton, Bob Fetter

Ann Heaton spoke on how Quaker values and practices have shaped Broadmead’s history.

Jean Wilson prepared an informative pamphlet that was distributed at the session. She and Mary Ellen Saterlie spoke several times from the floor and helped field the many questions posed by residents.

As a result of the questions, the panelists scheduled four Q&A sessions on alternate Thursdays at 4 p.m. in the Fireplace Room, the first of which was held on October 18.

Residents With Broadmead Family Histories Share Stories



By Susie and Bob Fetter, photo by Erroll Hay

Fascinated by the stories of residents who have had other family members at Broadmead now and in the past, Nancy-Bets Hay (whose parents were among the Mudders who moved here in 1979) worked with Jennifer Goforth to organize a special luncheon held in the auditorium on Tuesday, October 9, featuring legacy residents as special guests and speakers.

After John Howl's welcome, Nancy-Bets included in her opening remarks a reading of the poem resident Ruth Williams wrote some years ago about her experience in coming to Broadmead, following her mother's time here (see poem shown at right).

Ten of the 27 legacy residents now living here (Bernie Anderson, Ned Clapp, Margaret Craig, Anne Allen Dandy, Brigid Goody, Nancy-Bets Hay, Rose Hijikata, Marilyn Nuttle, Peggy Taliaferro, and Louise Williams) then shared stories filled with fondness, poignancy, and humor with the appreciative audience.

BRA Health Care Lecture
Journeying with Parkinson's Disease
Maria Baxter, MSN, CRNP

*Team Lead Geriatric Nurse Practitioner
Specializing in Continuing Care, Assisted
Living, and Hospice – GBMC Eldercare*

Tuesday, November 20
10:30 a.m. • Auditorium

Seated, left to right:
Louise Williams, Rose Hijikata, Anne Allen Dandy, Margaret Craig , Nancy-Bets Hay, and Ned Clapp. **Standing**, left to right, John Howl, CEO, Richard Goody, Sally Weinman, Brigid Goody, Peggy Taliaferro, Bernie Anderson, and Kitty Anderson. Not pictured: Marilyn Nuttle.

Broadmead Legacy *By Ruth Williams*

They came before us,
Our Fathers and our Mothers
To this place called Broadmead
And it seemed to be good.

Set midst fields and stream
Trees waving in the wind
Flowers of pink, red, and blue
Rich beauty to behold.

A myriad of things to do,
Dinner in the dining room,
Books from the library,
Movies, games, and programs,

But most of all we saw
Gentle hands and loving care
Offered in time of need
And we felt that it was good.

So when the day came
When our knees creaked
Our eyes were dimming
And our homes seemed too large,

We packed up our belongings
And followed our Mothers and Fathers
To the community called Broadmead,
And now we know that it is good....

HearHere Conversations

Strategies for Family Gatherings

Tactics to improve holiday visits

Wednesday, November 28
3:30-4:30 p.m. • Auditorium

Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.

Stony Run Board Room

Interfaith Vespers

Pastor D. Burggraf

Sunday, November 18, 4:30 p.m.

Lounge

Bible Study

(sponsored by Govans

Presbyterian Church)

Tuesdays, 10 a.m.

Fireplace Room

Catholic Mass

(sponsored by St. Francis

Xavier Church)

Second Wednesdays, 10 a.m.

Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood

Episcopal Church)

First Thursdays, 10:30 a.m.

Holly Terrace Flex Space

Conversations

in Morals and Ethics

(sponsored by Towson

Unitarian Universalist Church)

Second Thursdays, 10 a.m.

Fireplace Room

GREENHOUSE

Available to winter-over residents' plants.

Please follow directions posted on door.

Questions?

Contact Kathleen Truelove, Q-7

Sew and So

Wednesdays, 10 a.m. to noon • S-215

443-578-8816

Due to Master Plan construction, we are closing on Nov. 15 in order to move.

Watch for reopening announcement.

Residents Hear Better News About the Chesapeake Bay

By Ed Hirschmann

Photo by Erroll Hay

From the Chesapeake Bay, the source of many "gloom and doom" reports in recent years, Broadmeaders heard some hopeful news last month.

Dr. Frank T. Barranco, senior vice president and director of quality control at EA Engineering, Science, and Technology, reported an overall improvement in the Bay's water qualities this summer, with more dissolved oxygen in the samples from the bay and feeding rivers, and "significantly" more sea grasses. There are "high expectations" for the striped bass, better known as rockfish. As for the crabs, they are "not always predictable."

A major problem is the Conowingo Dam, which confines the Susquehanna River just upstream from the Bay and which has become choked with silt and pollutants, bringing it under ever-increasing pressure to solve those concerns.

Barranco, a native and current resident of Baltimore County, spoke at an Open Forum meeting and was introduced by Celeste Smalkin, a former neighbor.



BRA Conservation Committee

Monday, November 12

Fireplace Room • 1:30 p.m.

All concerned residents are welcome.

Karen Meadow • 443-578-8317

karen.meadow@verizon.net

Corner Cupboard

Weekdays except Wednesday

10 - 4:30

Closed for lunch 1:30 to 2:30

Residents Again Hear Advice on How to Avoid Being Scammed

By Elborg Forster

In mid-October, Joe Price, Broadmead's Community Service Manager, and Officer Kevin Kahl of the Baltimore County Police Department presented a program of information and questions and answers on the topic of financial abuse of the elderly.

The main piece of advice they had to give was "do not give out information about yourself to people you don't know." One of the easiest things to that end is to get Caller ID on your telephone. Look at the little window, and if the name or number is unknown to you, just don't answer. Remember that there are people out there who want to obtain your bank account numbers and your Social Security and Medicare identification. And the longer they talk to you, the better their chance of succeeding.

Officer Kahl and some members of the audience related some stories of well-nigh incredible effrontery on the part of crooks. Fortunately, it appears that most residents seem already to be forewarned.

Residents Attend Training Session on Safety Technology

By Penny Partlow

A relatively small but inquisitive group assembled in the auditorium in mid-October to see Community Services Manager Joe Price deliver a slide presentation that George Pattee had prepared. It covered the vast array of devices Broadmead has acquired for the safety and security of residents. After the slide show, Joe fielded many questions from the floor.

CERA is the cellular response system that reacts to all emergency notifications from fire alarms to dementia patients' attempts to leave Hallowell. Also monitored are pull cords and the sensors in apartment bathrooms that indicate if there has been no presence in the room before 10 a.m. If residents are away from home, but on campus, and push the emergency button everyone is encouraged to wear at all times, the system is triangulated so that responders can quickly locate the distress call's point of origin.

The new identification badges issued to each resident are referred to as POX cards. They permit entry to buildings when external doors are locked down at night. POX cards will be available for family members who visit the campus regularly and will enable entry when the driveway gate is down. There are campus security phones at the front gate and at the loading dock.

Ongoing problems with cluster unit entry keys are still being explored, and residents will probably be given a choice of a brass key or the current electronic key, which is battery-driven and connected to CERA.

Thirty-nine closed circuit television cameras are strategically placed around the campus, with 23 more to be installed in the near future. Also, the selection of a new fire alarm system is underway because the current one is outdated and requires constant maintenance.

Furniture and Appliances

Barn Sale inventory must be liquidated to clear space for Master Plan construction.
Watch for specials!

Despite the need for clearance,
donations are urgently sought.
If you need something, sign
up on the want list on the
furniture storeroom door

Champ, the Sheltie

By Sally Bloomer, photo by
Amy Redmon-Norwood

Champ, a Shetland Sheepdog, is six years old and a Lassie look-alike. He belongs to Amy Redmon-Norwood and trots alongside her when she rides around campus on her scooter. Shelties are a vocal breed and good around children.



Champ comes from a bloodline that includes eight champion dogs, although he himself is not a pedigreed dog.

When Champ is in the dog park, he likes to follow the passing cars from one end of the enclosure to the other. When Amy stops to visit, Champ sits down to rest. He is a beautiful tan and white dog who wags his tail a lot.

Open Forum and MaCCRA

**Meet and Greet
Al Redmer, Jr.**

County Executive Candidate

Friday, November 2

1 p.m. • Auditorium/Lounge

OLD & NEW SHOP

Come Visit!

Weekdays 10-2

Saturdays 11-1

Great Decisions Returns with Eight Sessions in 2019

By Marj Espenschade

Once again, Barry Rascovar will serve as the facilitator of the Great Decisions discussions.

Rascovar, a former deputy editorial page editor of the Baltimore Sun, is no stranger to Broadmead, having appeared in this role many times in recent years.

All programs will run from 3:30 to 5:00 p.m. on Thursdays in the auditorium, and each will be accompanied by a Foreign Policy Association DVD on the subject of the day.

The schedule of dates and topics is:

- January 24: Migration
- January 31: U.S.–Mexico Relations
- February 7: Cyber Security
- February 14: Chinese Trade
- February 21: Nuclear Diplomacy
- February 28: Middle East Overview
- March 7: Rising Populism in Europe
- March 14: The State of the State Dept.

Adventures in Learning *Politics and Policy*

Melvin Goodman

Senior Advisor, Center for International
Policy

Wednesdays, November 7 and 14
2:00 p.m. • Auditorium

BRA Trips Committee

**December Holiday Tour of the
Greenwood House and Library.**

Choice of two trips

Each trip will include:
House Tour and
Special Books Presentation

Tues., Dec. 11 and Thurs, Dec. 13

Cost for either one is \$16.00

Sign-up sheets will be
available on Nov. 13

Men's Saturday Social Begins New Season with New Leaders

Text and photo by Bob Heaton

On October 13, Sidney Levy kicked off the 2018-19 Men's Social season by proclaiming that he, Roger Karsk, and Bruce Russell would try hard to do as good a job as one man—Park Espenschade—had done for five years.

Bruce called Park to the podium to receive retirement gifts of a bottle of wine, a book, a decrepit golf club, and a donut, purportedly saved from Park's first year of service.

Roger circulated a microphone so each man could state his name and say how long he had lived at Broadmead. Of the 50 or so participants, 28 said four years or less. Of that number, 12 were in their first year.

The speaker for the session was Warren Moos, who explained how the Hubble Space Telescope came to be headquartered in



Baltimore. Many people and varying factors coalesced in the late 1970s to determine the location the Space Telescope Science Institute would select. Mayor William Donald Schaefer and Johns Hopkins University President Steven Muller

were two of the principals. The proximity of Hopkins to other science centers, and Baltimore's relatively low living expenses for 600 employees, were factors.

The telescope, named for West Coast astronomer Edwin Hubble (1889–1953), is the size of a school bus. It orbits the Earth in 95 minutes (five miles a second) at an altitude of 350 miles. Its control and data processing are extremely complicated—hence the 600 employees. The team is also working on a larger, 22-foot mirror telescope, scheduled to launch in 2022.

Broadmead Writers Group

Every Friday at 4 p.m.
Often followed by dinner
All are welcome

BRA Activity Leaders Receive Thoroughly Revised Handbook

By Bob Heaton

Broadmead residents are indebted to Margaret Warden for many things, beginning with her ingenious suggestion to combine the Barn Sale with The Country Store, quickly rechristened as the Old and New Shop.

Margaret's latest contribution to the quality of life at Broadmead was spending the bulk of her summer to create a 52-page compilation of everything committee chairs and activity leaders need to know to run their operation smoothly.

Her efforts were eagerly followed by the BRA Executive Committee and by newly appointed BRA Activities Coordinator, Del Boughter.

Any resident who might seriously consider assuming a leadership role in the BRA would do well to obtain a copy of this clearly written guide.

CONSTRUCTION HUMOR

Because residents are frequently reminded that a sense of humor will help tide everyone through the next 26 months, The Voice invites you to submit amusing construction-related anecdotes of **100 words or less**. Submissions should be placed in The Voice's mailbox, and are not returnable.

Deciding which stories to publish is the sole province of the editors.

This is not a complaint department.
See your Cluster Rep about that.

Modern Mudders

Working in clay every Thursday, 1-3 p.m.
Except Thanksgiving
Ceramics Room

Unusual Instruments and Repertoire Heard at Concert

By Bob Fetter

Photo by Erroll Hay

Sponsored by the BRA Music Committee, the dynamic father-son team Ken & Brad Kolodner returned to Broadmead, along with bass player Alex Lacquement, to perform a captivating Sunday concert on October 14. They used several instruments, including hammered dulcimer, clawhammer banjo, guitar, bass, and fiddle. Some numbers had vocal accompaniment.



Alex Lacquement on bass, Ken Kolodner on dulcimer, and Brad Kolodner on banjo.

A few of the selections on this program were composed by either Ken or Brad. Others were rooted in 17th and 18th century Ireland and Scotland, as well as other bastions of old-time music. The musicians described the history of some songs and expounded about their featured instrument, including the copious time and practice it had taken them to become proficient as musicians and performers.

Following the concert, the musicians and the audience retired to the artists' reception still in progress in the East Hall, to enjoy the exhibit's paintings and the refreshments.

Craft Fair

Friday, November 16 • 10:00-2:00
Auditorium

Handmade items from residents, relatives, and staff, each of whom has contributed \$15 to the BRA.

Family Almost Exterminated But Tales of the Horror Survive

By Ed Hirschmann

Photo by Erroll Hay

Broadmeaders, sitting securely and comfortably in the auditorium, heard a chilling account last month of a family facing obliteration in German-occupied Poland during World War II.



Richard Hollander, heir of that massacred family, told its story at an Open Forum meeting, based on a briefcase of letters he found in the effects of his late father, written by family members in Krakow, Poland, between 1939 and 1943. The letters

described the conditions of the doomed Jewish community and have been called "the most complete account of family life under the occupation."

Hollander, who has had a series of positions in radio and newspapers, some of them in the Baltimore area, said that the letters, written to his father in Polish or German, "opened a door" and brought that family back to life for his children to understand.

He shaped the letters into a book titled *Every Day Lasts a Year*. Later, it was made into a play called "The Book of Joseph," which had a successful run last year at Baltimore's Everyman Theater. Because of the letters and the drama, the family has, in spirit, survived the Nazi extermination.

BRA Music Committee Concert Series

The Meridian Trio

Nikita Borisevich, violin
Jacques-Pierre Malan, cello
Margarita Loukachkina, piano

Sunday, November 4 • 3:30 p.m.
Auditorium/Lounge

Creative Scene

By Jane Elkinton

November offers breathtaking variety in exhibitions, all of which are direct reflections of the personal ways in which the arts have touched and enhanced the lives of so many residents. Also on view is the generosity of the lenders in sharing their treasures.

The Third Annual Smartphone Photography exhibit on view in the Lower Level Gallery includes 17 residents' stunning shots of various subjects including landscapes, portraits, and even a rascally rabbit. The Display Case offers "Animals in the Winter Holidays" for November and December. The organizers are hoping to include lots of bears in the exhibit.

The Atrium is installing "Stories in Popular Arts: Barrett and Jones Collections," a surprising pairing of Victorian story locks and antique ashtrays. Collector Ross Jones, never a smoker himself, shares his enthusiasm for the great variety of references, tales, and humor seen in the ashtrays. His collection has been downsized from the original 400 pieces. Priscilla Barrett's lock collection began on the rocky coast of Maine, where the Barretts traveled for a family celebration. Trips to collectors' shows cross-country became her husband's retirement hobby, gathering historic locks and new friends along the way. These amazing artifacts convey rich historical and cultural narratives in their themes.

The East Hall displays two-dimensional art created by other people that has been collected and treasured by residents. These works will leave the loaning residents' walls in order to be shared with the whole community, a wonderful chance to enjoy each other's unique love for the arts.

East Hall exhibits coordinators Carolyn Murphy and Lynn Jones are seeking winter/holiday-themed works by relatives (children, grandchildren, great-grandchildren) of residents and staff for their December exhibit.

The Message Board Rock

By Elborg Forster Photos by Amy Redmon-Norwood

Near bushes at the side of Copper Beech Lane between the two entrances of the GHJ parking lot, a flat, square piece of sandstone rock may have been turned into a message board.



For more than two months, walkers who pass by have seen designs made of small white stones on the dark surface of the rock. At first the design was just a laughing or a sad face, then it was a hand with its five fingers, and recently it has become a large oblong shape with a line through the middle. A broken heart? A divided country? Keep watching the message board!



Baltimore County Public Library

Bookmobile Visits

2nd and 4th Fridays each month

9:30 a.m. to 11 a.m.

Lower Level Entrance

Broadmead Movies

Auditorium 7 p.m.

Tuesdays: *Bob and Elborg Forster*

Saturdays: *John De Prine*

Sat., Nov. 3: The 15:17 to Paris. 2008, 1:34.
PG- 13, Drama directed by Clint Eastwood.

Tue., Nov. 6: Three Identical Strangers.
Documentary of reunited triplets. 2018, 1:36.
PG-13.

Sat, Nov. 10: Belle. 2013, PG, 1:40.
Drama, Matthew Goode, Emily Watson.

Tue., Nov. 13: Victoria and Abdul. 1:51.
PG-13, Historical drama, Judy Dench.

Sat., Nov. 17: Argo. 2012, R, 2:00.
Thriller, Ben Affleck, Alan Arkin.

Tue., Nov. 20: Double Indemnity. 1:47. 1944
Crime drama, Fred McMurray,
Barbara Stanwick, Edward G. Robinson.

Sat., Nov. 24: Ladies in Lavender. 1:44. 2004,
PG-13. Drama, Judy Dench,
Maggie Smith.

Tue., Nov. 27: Paris Can Wait. PG, 1:32. 2016,
Romantic comedy, Diane Lane,
Alec Baldwin.

**Details on all films are available by typing a
title in the search window at [IMDB.com](https://www.imdb.com).**

Platt and Davis Sweep 2018 Round Robin Bridge Events

By Bob Heaton

Helen Davis and Florence Platt played nine matches in each of the two Round Robin events that were held in 2018. In an unprecedented feat, their record was 18-0.

Each grouping consisted of 10 teams that met each other in nine monthly matches during the year. The leaders were:

GREEN ROUND ROBIN:

1st: Helen Davis, Florence Platt, 9 wins
Three teams tied for 2nd with six wins each.
Places were determined by total points won.
2nd: Park Espenschade, Marj Espenschade
3rd: Bob Heaton, Hyko Laeyendecker
4th: Janice Starr, Louise Williams

BLUE ROUND ROBIN:

1st: Florence Platt, Helen Davis, 9 wins
2nd: Jean Wilson, Adrienne Toland, 8 wins
3rd: Weezie Davis, Joan McShane, 7 wins
4th: Anne Allen Dandy, Bea Post, 5 wins

Coordinator Jean Wilson says that next year's format will probably be one Round Robin of 12 teams playing 11 matches.

Bridge Players Wanted

For Round Robin fun in 2019.
Contact Jean Wilson, M-2.



October Atrium Exhibit

Shown at left is the exhibit "Lathe and Wheel: Wood and Clay." It featured items turned on a lathe by Court Robinson, and ceramic items turned on a potter's wheel by Bill Breakey.

Photo by Erroll Hay

Voice of the Residents

Volume 40, No. 3 November 2018

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Editorial Policy

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, The Voice does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor complaints about Broadmead affairs as there are established procedures for the resolution of internal problems. The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems. Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent to voiceBRA@gmail.com.

CORRECTION

In the October 2018 issue of *Voice of the Residents*, the article on page 2 on the Boynton scholarships incorrectly identified Jasmine Scott's course of study. Jasmine is majoring in marketing. The Voice regrets the error.

New Arrivals

New residents **Joe and Francine Nietubicz** plan to move into N10 on Wednesday, October 31. Their new phone number will be 443-578-**8385**.

New resident **Emily Haller** will take contractual possession of R5 on October 31, 2018. An official move date will be shared once it is determined. Her new phone number will be 443-578-**8413**.

Paint and Pastels

Thursdays, 10:00 a.m. – noon

Art Room

No session Nov. 22 (Thanksgiving)

Wood Shop

Offering economical repairs.

We need work! Bring it in!

New artisans always welcomed.

InSight

Super Strategies for Vision Loss

Wednesday, November 7 • 3:30 p.m.

Auditorium

Shopping online this fall?

If you buy on Amazon, you can support the BRA.

Go to www.smile.amazon.com and enter "Broadmead Residents Association" as the organization you want to support.

Help the BRA at no cost to you!

In Memoriam

Ruth Sutherland

June 22, 1927 – October 14, 2018